

Natroceutics®

CREATINE

Creavitalis®

PURE, RESEARCH-GRADE, CREATINE.



NATROCEUTICS CREATINE PURE, RESEARCH-GRADE, CREATINE.

Natroceutics Creatine exclusively utilises Creavitalis®, a creatine trusted and renowned among researchers for its purity and reliability. Creavitalis® is considered the benchmark for the quality of creatine that scientists require when conducting clinical research on its benefits for human health.

Creatine is one of the most extensively researched substances, with over 69,000 published studies as of 2025, averaging six new studies each day. The vast majority of this research has utilised the same creatine found in Natroceutics Creatine Bioactive.

Beyond efficacy, purity is an essential consideration when producing our creatine. In developing our creatine, we aimed to create a product that practitioners could consistently rely on to deliver their desired results. To achieve this, we have proudly collaborated with Alzchem to provide a research-grade creatine monohydrate. Our creatine effectively translates research findings into reliable, real world outcomes in practice.

BENEFITS OF NATROCEUTICS CREATINE

Research Grade Creavitalis®.

Batch tested $\geq$ 99.9% Purity.

Exclusively produced in Germany under the highest quality standards.

5g Creatine Monohydrate Per Dose.

Creavitalis®
25NT20
www.creavitalis.com

Natroceutics®
CREATINE
BIOACTIVE
Creavitalis®
Pure Creatine Monohydrate
German Produced
FOOD SUPPLEMENT | POWDER | 240 g

Effects Of Creatine

Creatine plays a versatile role in cellular energy metabolism, hydration, and signaling, contributing to a broad range of physiological functions.



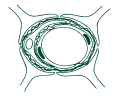
CELLULAR HYDRATION ¹



ATP REGENERATION ^{1,2,3}



ENHANCED
MITOCHONDRIAL FUNCTION ^{1,7}



NEUROPROTECTIVE
/ NEUROTRANSMISSION ^{2,4,8}



INCREASED STRENGTH
AND MUSCLE RECOVERY ^{5,8}



ACTIVATION MECHANISTIC
TARGET OF RAPAMYCIN (MTOR) ⁶

Benefits of Creatine

Potential Indications for Creatine Supplementation.

- Cognitive Enhancement
 - Sarcopenia
 - Blood Sugar Control
- Fertility Support
 - Strength
 - Longevity
- Energy
 - Cellular Hydration
 - Neuroprotection

Who would benefit

- +35 years old
 - No or low animal protein diets
 - Active Individuals
- Individuals with neurodegenerative diseases
 - Those affected by metabolic disorders
 - Methylation Disorder (MTHFR)

Understanding Creatine purity is essential

High-purity creatine (such as Creavitalis®, which is >99.9% pure) ensures the product is free from contaminants and unwanted byproducts like creatinine, dicyandiamide (DCD), or dihydrotriazine (DHT), which can be present in lower-quality creatine. These impurities can reduce the supplement's effectiveness, potentially cause side effects, and may pose unknown long-term health risks. High-purity creatine is also more bioavailable, stable, and safer, providing the intended performance and health benefits without unnecessary risks.

Analysis table from a typical Creavitalis® Certificate of Analysis

Parameter	Method	Unit	Specification	Results
Assay ¹ (HPLC)	107-138/1	[%]	≥ 99.9	100.7
Creatinine (HPLC)	107-138/1	[mg/kg]	≤ 100	39
Dicyandiamide (HPLC)	107-138/1	[mg/kg]	≤ 50	25
Dihydrotriazine (HPLC)	107-138/1	[mg/kg]	< 3	< 3 (=LOD)

¹ Calculated as creatine monohydrate. Creatine monohydrate theoretically contains 12.1% water of crystallization.

Which form of Creatine to use.

There are various forms of creatine available for supplementation. Creatine Monohydrate is most popular for the following reason.

- Near 100% oral bioavailability.
 - Over 99% of published research on creatine uses monohydrate.
- Cost benefit.
 - Convenient to use.

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Natroceutics®
Creatine Bioactive

SUPPLEMENT FACTS

Dosage size is 1 leveled teaspoon.

Each leveled teaspoon contains:
Creatine monohydrate **5 g**

Other Ingredients: None. Sugar free

Recommended Use:

- 3-5g taken per day. Consistency is key.
- Consumed at any time of day.
- Can be added to food or drink.

OUR PRODUCTS AND PACKAGING

IT IS OUR INTENTION TO CONTINUALLY STRIVE FOR IMPROVED WAYS OF DELIVERING, OPERATING AND BEING.



Studied by experts in the field of Creatine.



Clean and free from agrochemicals, artificial additives and heavy metals.



Quality assured through GMP (Good Manufacturing Practice) and batch testing.



Designed to deliver therapeutic efficacy.



Fully recyclable packaging and supporting environmental regeneration.



Vegan friendly.